I judge my success by my own standards.

Outside influences rarely determine my success because it is driven by my standards. ***I set my own definitive scale of measurement for how well I do in life.***

Society tries to tie me to certain standards for success, but I avoid falling into the trap. I know that the easiest way to feel unfulfilled is living according to the ideals of others. My focus is on living an authentic life that I am able to confidently stand behind.

My peers realize some achievements before me but I avoid feeling less accomplished. I know that there is a time and season for each experience in life.

I give attention to my own goals and work hard to achieve them. The noise from outside influences rarely gets me to lose focus.

The experiences of others sometimes serve as teaching tools. I use their examples to help me to know whether I am on the right track. Even so, I avoid looking at their result as my standard for success.

Today, I commit to remaining focused on my internal standards for success and decide for myself which goals I want to pursue. I am unfazed by the achievements of others, and I avoid comparing myself to them.

Self-Reflection Questions:

1. How do I arrive at the standards for success that I set for myself?
2. How do I determine when it is time to adjust my standards or my goals?
3. How do I react when I am unable to achieve success as planned?

MATT EPISCOPO